

IN-HOUSE BREAKFAST

not available for take-out or delivery

MONDAY - NOVA, EGGS & ONIONS 7.99
choice of home fries, grits, oatmeal or tomatoes and coffee or juice

TUESDAY - EGG WHITE VEGETABLE OMELETTE 6.99
choice of home fries, grits, oatmeal or tomatoes and coffee or juice

WEDNESDAY - SPANISH OMELETTE 6.99
choice of home fries, grits, oatmeal or tomatoes and coffee or juice

THURSDAY - CHALLAH FRENCH TOAST 6.50
full stack

FRIDAY - BLUEBERRY OR CHOCOLATE CHIP PANCAKES 6.50
full stack

BREAKFAST SPECIALS

served mon-fri in-house only until 11am (excluding holidays)

BAGEL & BUTTER 4.75
with coffee and fresh squeezed orange juice

BAGEL & CREAM CHEESE 5.50
with coffee and fresh squeezed orange juice

MUFFIN & BUTTER 5.50
with coffee and fresh squeezed orange juice

HOT OATMEAL OR COLD CEREAL 6.99
with bagel and butter, banana, coffee and fresh squeezed orange juice

HOT CEREALS cup 2.99 bowl 3.99
oatmeal or grits

COLD CEREALS 3.50
with banana or raisins 4.00
with strawberries or fresh fruit 4.75

FRENCH TOAST, PANCAKES & WAFFLES

served with maple syrup and cinnamon sugar

CHALLAH FRENCH TOAST 7.50
with eggs any style 7.99
with ham, bacon or sausage (choice of one) 8.50

PANCAKES three 6.50
with eggs any style 7.50
with bacon or sausage 7.99
with blueberry or chocolate chips 7.50

SHORT STACK two 5.99
with eggs any style 6.99
with bacon or sausage 7.50
with blueberry or chocolate chips 6.99

BELGIAN WAFFLE buttery and crispy 6.50
with strawberry and whipped cream 7.50
with eggs any style 7.50

BAGEL BAR EAST SLAM 8.99
2 eggs, 2 bacon or 2 sausage and 2 pancakes or 1 slice of french toast

EGGS

*with coffee or juice mon-fri until 11am (excluding holidays)
beverages not available for take-out or delivery*

served with choice of home fries, tomatoes, grits or oatmeal and choice of bagel or bialy with cream cheese or butter

substitute egg beaters or egg whites add 1.00

TWO EGGS fried or scrambled 4.99

THREE EGGS fried or scrambled 6.50

TWO EGGS with bacon, ham or sausage 7.50

CORNED BEEF HASH & EGGS any style 7.99

SIDE OF HASH 5.50

BREAKFAST BURGER 8.99
8oz hamburger topped with american cheese, bacon and an over easy egg

POWER WRAP 7.99
scrambled egg whites with tomatoes, mushrooms, spinach and low fat swiss lorraine cheese rolled up in a wrap

BREAKFAST BURRITO 7.99
scrambled eggs with sausage, cheddar and grilled onions topped with sour cream and salsa

PROTEIN WRAP 7.99
5 egg whites with turkey

SHARING CHARGE \$2.00

EGG SANDWICHES

on choice of bagel, bialy or toast

TWO EGGS any style 4.99
with cheese 5.99
with bacon, ham or sausage (choice of one) and cheese 6.99

OUTRAGEOUS OMELETTES

*with coffee or juice mon-fri until 11am (excluding holidays)
beverages not available for take-out or delivery*

served with choice of home fries, tomatoes, grits or oatmeal and choice of bagel or bialy with cream cheese or butter

*substitute egg beaters or egg whites add 1.00
extra meat or veggies add 1.00*

PLAIN 5.99

CHEESE 6.99

MUSHROOMS, TOMATOES, PEPPERS OR ONIONS (choice of one) 7.99

BROCCOLI 7.99

SPINACH 7.99

BACON, HAM OR SAUSAGE (choice of one) 7.99

FARMER CHEESE, CREAM CHEESE OR FETA (choice of one) 7.99

SALAMI, TURKEY, CORNED BEEF OR PASTRAMI (choice of one) 7.99

LOX, EGGS & ONIONS 8.99

NOVA, EGGS & ONIONS 8.99

STURGEON, EGGS & ONIONS 8.99

LOW FAT CHEESE (choice of one) 7.99
cottage cheese, alpine lace or farmer

IDAHO 7.99
potato, bacon and cheese

MEXICAN 7.99
onions, green peppers, tomatoes and cheddar

EASTERN 7.99
onions and green peppers

SPANISH 7.99
our own spanish sauce made with onions and peppers

GREEK 7.99
feta, spinach and chopped onions

WESTERN 7.99
ham, peppers and onions

THREE CHEESE 7.99
muenster, swiss and american

DELI 7.99
choice of any 2 meats

VEGETARIAN EGG WHITE 7.99
tomatoes, onions, green peppers and mushrooms

BAGEL BAR EAST (choice of three) 7.99
onions, mushrooms, peppers, spinach, black olives, hot peppers, broccoli or cheese, add any deli meat 1.00 extra

APPETIZERS

GEFILTE FISH homemade 8.99
2 pieces served with carrots, onions, horseradish and bagel or bialy with butter

HERRING with your choice of bagel 8.99
herring in cream sauce or matjes herring in red wine sauce

INDIVIDUAL can or tin 8.99
white meat tuna, salmon or imported sardines

HOMEMADE CHEESE BLINTZES two 7.50 three 8.50
served with sour cream, blueberry or apple sauce

POTATO PANCAKES two 5.95 three 6.95
served with sour cream or apple sauce

BRIES

served with apple sauce or sour cream

MATZO BRIE 7.50
with onions 7.99
with nova or lox and onions 9.50

SHARING CHARGE \$2.00

SMOKED FISH APPETIZERS

served with lettuce, tomato, onion, cream cheese and bagel

*substitute chive, vegetable, farmer or cottage cheese add 1.00
nova spread add 1.50*

NOVA 11.99

WHITEFISH CHUNK 11.99

LOX 11.99

STURGEON 14.99

BAKED SALMON 12.99

SABLE 12.99

FISH PLATTER FOR TWO 22.99
with cream cheese and choice of any 2: nova, lox, whitefish, sable or baked salmon (includes 2 bagels)

FISH PLATTER FOR THREE 29.99
with cream cheese and choice of any 3: nova, lox, whitefish, sable or baked salmon (includes 3 bagels)

BAGELS

*served with lettuce, tomato and onion upon request
onion flat or onion pockets add 50¢*

BUTTER, MARGARINE OR JELLY 2.50

PLAIN CREAM CHEESE 3.50

LOW-FAT PLAIN CREAM CHEESE 3.75

CHIVE CREAM CHEESE 3.99

VEGETABLE CREAM CHEESE 3.99

NOVA SPREAD 5.75

NOVA & CREAM CHEESE 11.99

LOX & CREAM CHEESE 11.99

CHEESE 5.99
choice of farmer, munchee, cheddar, muenster, american, chive farmer, alpine lace, swiss, jarlsberg, provolone or cottage cheese

BAGELS WITH SALAD

served with lettuce, tomato and onion upon request

WHITEFISH SALAD 8.99

BAKED SALMON SALAD 8.99

WHITE MEAT TUNA SALAD 8.99

WHITE MEAT CHICKEN SALAD 8.99

CHOPPED LIVER SALAD 8.99

CHOPPED HERRING SALAD 8.99

EGG SALAD 8.99

COMBO PLATTER

served with bagel or bialy with butter, lettuce, tomato, onion, potato salad, coleslaw and pickle

9.99

SELECT ONE CREAM CHEESE
plain, chive, vegetable, nova, low-fat plain

SELECT TWO SALADS
tuna, whitefish, baked salmon, egg, chicken, chopped liver, chopped herring

CHILDREN

*12 and under, in-house only
not available for take-out or delivery*

KIDDIE BREAKFAST 4.99
all options served with regular or chocolate milk

1 egg scrambled with home fries and bagel or toast

1 short stack pancakes

1 slice french toast

KIDDIE LUNCH 5.99
all options served with fries and soda or milk

junior burger

junior hotdog

junior grilled cheese

junior chicken fingers

notice: consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have a medical condition



DELI/RESTAURANT

famous for our hand rolled bagels
homemade bialys
onion boards & pockets
homemade bakery goods

FULL SERVICE CATERING AVAILABLE

TAKE-OUT & DELIVERY AVAILABLE

OPEN 7 DAYS A WEEK
6:30AM TO 3PM

www.bagelbareast.com

1990 NE 123rd STREET
NORTH MIAMI, FL 33181

305.895.7022 t
305.895.2206 f

IN-HOUSE LUNCH SPECIALS

not available for take-out or delivery

served on rye or roll with potato salad or coleslaw, pickle and fountain soda

MONDAY - CORNED BEEF 8.75

TUESDAY - PASTRAMI 8.75

WEDNESDAY - TWIN ROLLS 8.75

choice of 2 different meats

THURSDAY - FRESH TURKEY 8.75

FRIDAY - ROAST BEEF/BRISKET 8.75

DIETERS LITE LUNCH

TROPICAL FRUIT SALAD 8.99

honeydew, cantaloupe, pineapple, grapes, bananas and other seasonal fruits topped with raisins and walnuts and served with honey yogurt dressing and banana bread

HALF CANTALOUPE OR HONEYDEW 4.99

with cottage cheese or farmer cheese 5.99

FRESH FRUIT cup 4.99 plate 8.99

SOUP DU JOUR

EVERYDAY - CHICKEN NOODLE MATZO BALL

MONDAY - TOMATO RICE OR CHICKEN RICE

TUESDAY - MUSHROOM BARLEY

WEDNESDAY - LIMA BEAN OR LENTIL

THURSDAY - SPLIT PEA

FRIDAY - GARDEN VEGETABLE

HALF SANDWICH W/CUP OF SOUP 8.99

choice of meat or salad sandwich

IN-HOUSE cup 3.50 bowl 4.50

quart - includes 2 bagels 6.99

TO-GO

pint - includes 1 bagel 4.50

quart - includes 2 bagels 6.99

SALADS

served with bagel or bagel chips and butter

dressings: creamy italian, ranch, blue cheese, honey mustard, french, caesar, thousand island, fat-free italian, oil and vinegar

GARDEN HOUSE SALAD 6.99

CHEF SALAD 9.75

lettuce, tomatoes, turkey, salami, swiss cheese and hard boiled eggs

CHOPPED SALAD 9.75

iceberg and romaine with turkey, salami, scallions, tomatoes and mozzarella cheese in an italian herb vinaigrette

GREEK SALAD 9.75

romaine with peppers, olives, red onion, pepperoncini and feta in a greek vinaigrette

ORIENTAL CHOPPED SALAD 9.75

grilled chicken, scallions, sesame seeds and chinese noodles served over romaine and iceberg in a spicy oriental dressing

CHOPPED SUEY 9.75

choice of sour cream, cottage cheese or farmer cheese with cucumbers, tomatoes, carrots, green peppers and parsley

CAESAR SALAD 6.99

romaine with parmesan cheese and croutons in a caesar dressing
add charbroiled chicken breast 9.75

COBB SALAD 9.75

sliced grilled chicken, bacon, chopped eggs, olives, tomatoes and shredded carrots over a bed of lettuce

CHICKEN TENDER SALAD 9.75

breaded chicken tenders, black olives, tomatoes, cucumbers and cheddar cheese over iceberg

YOUR WAY 9.75

iceberg, tomatoes, onions, cucumbers, peppers, black olives and your choice of a scoop of tuna, chicken, whitefish, egg or baked salmon salad
with individual can of tuna 9.99

MELON LOPE 9.75

half a cantaloupe filled with a scoop of tuna or chicken salad

SHARING CHARGE \$2.00

DELI SANDWICHES

served with pickle and potato salad or coleslaw

cheese add 50¢

TWO MEAT COMBO 9.50

THREE MEAT COMBO 9.75

BEEF TONGUE 10.99

HARD SALAMI 9.99

HOT PASTRAMI 8.99

HOT CORNED BEEF 8.99

HOT BRISKET OF BEEF 8.99

ROAST BEEF 8.99

TURKEY PASTRAMI 8.99

DELI TURKEY 8.99

SOFT SALAMI 8.99

GENOA SALAMI 8.99

BOLOGNA 8.99

IMPORTED BAKED HAM WITH CHEESE 8.99

FRESH TURKEY BREAST 8.99

off the frame

NEW YORKER ON MIAMI BEACH 9.99

stacked corned beef with coleslaw, russian dressing and swiss cheese

MONTE CRISTO 8.99

ham, turkey and melted swiss cheese on french toast

GINO'S SPECIAL 9.99

chicken fingers, grilled onions, swiss cheese and honey mustard on a roll

SCOTTY'S SPECIAL 9.99

brisket, coleslaw, red horseradish, thousand island and swiss cheese on rye

CLASSIC DELI COMBOS

served with pickle and potato salad or coleslaw

CORNED BEEF & PASTRAMI 9.50

CORNED BEEF, PASTRAMI & CHOPPED LIVER 9.75

CORNED BEEF, PASTRAMI & TURKEY 9.75

CORNED BEEF, PASTRAMI & TONGUE 9.75

BRISKET & CHOPPED LIVER 9.75

onion, russian dressing and mustard

CORNED BEEF & TONGUE 9.75

lettuce, tomato and mustard

WRAPS

served with pickle and potato salad or coleslaw

substitute french fries or sweet fries add 1.00

CHICKEN CAESAR SALAD 9.25

GREEK GRILLED CHICKEN 9.25

VEGETARIAN 9.25

TUNA SALAD 9.25

CHICKEN SALAD 9.25

CLUB 9.25

TURKEY BLT 9.25

GREEK 9.25

WHITEFISH SALAD 9.25

BAKED SALMON SALAD 9.25

EGG SALAD 9.25

SLICED NOVA 9.25

PHILLY STEAK 9.25

CHICKEN PHILLY 9.25

TUNA MELT 9.25

REUBEN OR RACHEL 9.25

try our delicious corned beef, turkey or pastrami with sauerkraut, russian dressing and swiss cheese in a healthy wrap

ITALIAN 9.25

ham, salami and provolone cheese

SHARING CHARGE \$2.00

TWIN ROLLS

served with pickle and potato salad or coleslaw

SELECT TWO 9.50

corned beef, pastrami, turkey, brisket, tongue, salami or roast beef

CLUB SANDWICHES

served with bacon, lettuce, tomato, pickle and potato salad or coleslaw

choice of white, wheat or rye bread

TURKEY 8.99

EGG SALAD 8.99

TUNA & EGG SALAD 8.99

TUNA & HARD BOILED EGG 8.99

GRILLED SANDWICHES

served with pickle and potato salad or coleslaw

substitute french fries or sweet fries add 1.00

B.L.T. bacon, lettuce, tomato 7.99

OUR FAMOUS REUBEN YOUR CHOICE 9.75

corned beef, pastrami, turkey or turkey pastrami with sauerkraut, russian dressing and melted swiss cheese

TUNA REUBEN 9.75

solid white tuna, sauerkraut, muenster cheese and russian dressing on grilled rye

GRILLED CHICKEN CAESAR SANDWICH 8.99

charbroiled chicken breast on your choice of bread topped with romaine lettuce, fresh grated parmesan and caesar dressing

GRILLED CHICKEN BREAST SANDWICH 8.75

with cheese 8.75

with bacon and cheese 8.99

with mushrooms, onion and cheese 8.99

MELTS

served with french fries or sweet fries

may substitute with pickle and potato salad or coleslaw

PHILLY STEAK SANDWICH 8.99

PHILLY CHICKEN SANDWICH 8.99

PATTY MELT 9.75

cheeseburger with sautéed onions on grilled rye

TUNA MELT 9.75

tuna salad with melted american cheese on grilled rye

TURKEY MELT 9.75

turkey with melted american cheese on grilled rye

ROAST BEEF MELT 9.75

roast beef with melted american cheese on grilled rye

CUBAN SANDWICH 8.99

havana heaven pressed hot off the grill

GRILLED CHEESE (choice of any cheese) 5.75

with tomatoes 6.50

with bacon or ham 6.50

with bacon or ham and tomatoes 6.99

CHARBROILED BURGERS & MORE

served with french fries or sweet fries

lettuce, tomato and onion upon request

HAMBURGER 8.50

with cheese 8.75

with bacon and cheese 8.99

with mushrooms, onion and cheese 8.99

TURKEY BURGER 8.50

with cheese 8.75

with bacon and cheese 8.99

with mushrooms, onion and cheese 8.99

VEGGIE BURGER 8.50

with cheese 8.75

with bacon and cheese 8.99

with mushrooms, onion and cheese 8.99

CHICKEN FINGERS 8.99

lightly breaded, fried chicken strips served with barbecue or honey mustard sauce

HEBREW NATIONAL FRANKS one 4.99 two 7.99

with sauerkraut

SHARING CHARGE \$2.00

SIDE ORDERS

PLAIN CREAM CHEESE 1.50

LOW-FAT PLAIN CREAM CHEESE 2.00

CHIVE OR VEGETABLE CREAM CHEESE 1.95

NOVA SPREAD 2.50

TOMATOES two slices 1.25

GREEK OLIVES five 1.99

HOMEMADE POTATO SALAD 1.99

HOMEMADE COLESLAW 1.99

PICKLES two 1.50

SOUR TOMATOES two 1.50

ANY CHEESE two slices 1.99

KNISH potato, kasha or spinach 3.99

FRENCH FRIES 2.75

SWEET FRIES 2.75

HOME FRIES 2.75

POTATO CHIPS 1.95

BACON three 2.95

HAM STEAK 2.95

SAUSAGE two 2.95

APPLE SAUCE OR SOUR CREAM 1.95

COTTAGE CHEESE 1.95

BAKED BEANS 2.50

BEVERAGES

COFFEE regular or decaf 1.95

TEA regular or decaf 1.95

ICED COFFEE OR TEA with refills 1.95

MILK medium 1.75 large 2.25

CHOCOLATE MILK medium 1.99 large 2.49

NESTLE MILK chocolate, strawberry or vanilla 2.50

HOT CHOCOLATE 1.95

CAPPUCCINO 3.59

ESPRESSO 2.50

FOUNTAIN SODAS with refills 1.99

ASSORTED DR. BROWNS 2.50

CANNED SODAS 1.85

BOTTLED WATER 2.50

GATORADE assorted flavors 2.50

SNAPPLE ICED TEA assorted flavors 2.50

MARTINELLI'S OR TROPICANA APPLE JUICE 2.50

TOMATO JUICE 1.95

ORANGE OR GRAPEFRUIT JUICE medium 1.75 large 2.75

TROPICANA JUICES assorted flavors 2.50

CRANBERRY JUICE 2.50

NEW YORK STYLE EGG CREAM 2.50

FROM OUR BAKESHOP

RUGALAH each 0.75

HOMENTASH each 1.50

BLACK & WHITE COOKIES each 3.25

CHOCOLATE CHIP COOKIES each 1.50

OATMEAL COOKIES each 1.50

BABKA piece 2.95

MARBLE CAKE piece 2.95

CHOCOLATE CIGAR 3.00

CHEESE DANISH 3.00

BUTTER COOKIES by weight 1.99

BROWNIE piece 2.25

RAINBOW CAKE by weight 2.99

ASSORTED MUFFINS 2.50

BANANA NUT CAKE piece 2.50